

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Columbia County

What is your age?

n = 203

18 - 34	34.9%	(± 27.5%)
35 - 54	22.1	(± 11.7)
55 - 74	20.9	(± 12.3)
75+	22.0	(± 23.0)

Gender

n = 203

Male	65.2%	(± 17.9%)
Female	34.8	(± 17.9)

Which one of these groups would you say best represents your race...

n = 201

White	91.6%	(± 9.5%)
Black or African American	0.9	(± 1.4)
Asian	0.4	(± 0.9)
Native Hawaiian or Other Pacific Islander	0.2	(± 0.3)
American Indian, Alaska Native	1.4	(± 1.6)
Other race	5.5	(± 9.1)
No preferred race	0.0	(± 0.0)

Are you Hispanic or Latino/Latina?

n = 203

Yes	6.1%	(± 8.1%)
No	93.9	(± 8.1)

Marital status

n = 203

Married	66.1%	(± 22.8%)
Divorced	5.7	(± 3.5)
Widowed	18.0	(± 23.3)
Separated	1.0	(± 1.0)
Never been married	8.0	(± 5.2)
Or a member of an unmarried couple	1.2	(± 1.5)

How many children less than 18 years of age live in your household?

n = 203

None	76.0%	(± 12.6%)
1	15.0	(± 8.6)
2	6.2	(± 4.2)
3 or more	2.8	(± 2.6)

What is the highest grade or year of school you completed?

n = 203

Some high school or less	9.9%	(± 9.0%)
High school graduate or GED	13.7	(± 7.6)
Some college or technical school	37.1	(± 22.9)
College graduate or more	39.3	(± 26.4)

Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 200	
Employed for wages	54.6%	(± 23.9%)
Self-employed	7.1	(± 4.8)
Out of work	2.3	(± 2.0)
Homemaker	3.1	(± 2.4)
Student	0.7	(± 0.9)
Retired	29.9	(± 22.8)
Or unable to work	2.4	(± 2.2)

Annual household income from all sources	n = 185	
Less than \$20,000	10.9%	(± 6.8%)
\$20,000 to less than \$50,000	59.5	(± 24.6)
\$50,000 or more	29.6	(± 24.1)

Have you smoked at least 100 cigarettes in your entire life?	n = 217	
Yes	60.6%	(± 16.0%)
No	39.4	(± 16.0)

<i>Among those that have smoked at least 100 cigarettes in their entire life:</i>		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 114	
Everyday	16.6%	(± 11.3%)
Some days	7.0	(± 5.5)
Not at all	76.4	(± 15.2)

<i>Among current smokers:</i>		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 50	
Yes	51.5%	(± 15.6%)
No	48.5	(± 15.6)

Current cigarette smoking prevalence:	n = 217	
(every day or some day smokers among the whole population)	14.3%	(± 6.7%)

<i>Among those that have smoked at least 100 cigarettes:</i>		
Did you smoke any cigarettes during the past 30 days?	n = 105	
Yes	64.2%	(± 28.3%)
No	35.8	(± 28.3)

<i>Among those that have smoked in the past 30 days:</i>		
On how many days of the past 30 days did you smoke cigarettes?	n = 47	
Less than 30 days	*	*
30 days	*	*

<i>Among those that have smoked in the past 30 days:</i>		
On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 46	
Average:	*	*

Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 201	
Yes	44.9%	(± 25.7%)
No	55.1	(± 25.7)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 48	
None	*	*
Less than 30 days	*	*
30 days	*	*

Current smokeless tobacco prevalence:	n = 201	
(any use in past 30 days among the whole population)	28.8%	(± 32.4%)

Do you currently smoke tobacco in a pipe?	n = 201	
Yes	0.0%	(± 0.0%)
No	100.0	(± 0.0)

In the past month, have you smoked a cigar, even just a puff?	n = 201	
Yes	4.0%	(± 3.2%)
No	96.0	(± 3.2)

In the past month, have you smoked bidis?	n = 200	
Yes	0.5%	(± 1.0%)
No	99.5	(± 1.0)

In the past month, have you smoked clove cigarettes?	n = 201	
Yes	0.0%	(± 0.0%)
No	100.0	(± 0.0)

Current tobacco use (all types of tobacco)	n = 201	
Current daily tobacco user	42.7%	(± 26.6%)
Current non-tobacco user	57.3	(± 26.6)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 58	
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Within the past month (less than 1 month ago)	3.0%	(± 4.5%)
Within the past 3 months (1-3 months ago)	2.5	(± 4.9)
Within the past 6 months (3-6 months ago)	16.0	(± 10.7)
Within the past year (6-12 months ago)	24.0	(± 12.5)
Within the past 5 years (1-5 years ago)	46.3	(± 13.9)
Within the past 15 years (5-15 years ago)	8.1	(± 9.1)
More than 15 years ago	0.0	(± 0.0)
Never used regularly	0.0	(± 0.0)

Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 55

Average: 23.2 (± 4.7)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 58

Yes 5.3% (± 7.0%)

No 94.7 (± 7.0)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 57

Yes 1.0% (± 2.2%)

No 99.0 (± 2.2)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 58

Yes 13.7% (± 15.7%)

No 86.3 (± 15.7)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 101

Strongly agree 68.3% (± 25.6%)

Somewhat agree 16.6 (± 14.3)

Somewhat disagree 5.5 (± 5.5)

Strongly disagree 9.6 (± 8.7)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 105

Within the past year (1-12 months) 58.8% (± 31.8%)

Within the past three years (1-3 years) 5.5 (± 5.8)

3 or more years ago 17.5 (± 14.5)

They never advised me to quit 18.3 (± 15.0)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 106

Within the past year (1-12 months) 17.9% (± 14.6%)

Within the past three years (1-3 years) 2.1 (± 2.6)

3 or more years ago 10.5 (± 9.3)

They never advised me to quit 69.5 (± 23.7)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?

n = 107

Within the past year (1-12 months)	45.6%	(± 40.5%)
Within the past three years (1-3 years)	0.6	(± 1.3)
3 or more years ago	4.9	(± 5.2)
They never advised me to quit	48.8	(± 36.6)

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?

n = 62

Yes	70.1%	(± 31.4%)
No	29.9	(± 31.4)

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?

n = 97

0	9.6%	(± 9.1%)
1-2	32.5	(± 26.3)
3-5	8.3	(± 8.0)
6 or more	49.6	(± 39.7)

**About how long has it been since you last visited a DOCTOR for a routine
checkup?**

n = 200

Within the past year (1-12 months ago)	83.8%	(± 8.9%)
Within the past two years (1-2 years ago)	9.4	(± 5.8)
Within the past 3 years (2-3 years ago)	2.6	(± 2.4)
Within the past 5 years (3-5 years ago)	1.3	(± 1.8)
5 or more years ago	2.9	(± 2.6)
Never	0.1	(± 0.2)

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .**

n = 174

Your employer	58.6%	(± 21.8%)
Someone else's employer	8.2	(± 6.0)
A plan that you or someone buys on your own	11.6	(± 7.1)
Medicare	18.4	(± 10.6)
Medicaid or Medical Assistance	1.5	(± 1.6)
The military, CHAMPUS, or the VA	1.7	(± 1.6)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.0	(± 0.0)

Among current and recent former smokers:

**Within the past year, have you heard about any programs in your community to
help you quit using tobacco, such as classes, support groups or counseling
services?**

n = 47

Yes	*	*
No	*	*

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 48

Yes	*	*
No	*	*

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 38

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 48

Yes	*	*
No	*	*

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 46

Yes	*	*
No	*	*

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 22

Yes	*	*
No	*	*

Among current tobacco users:

Would you like to quit using tobacco? n = 54

Yes	80.6%	(± 22.5%)
No	19.4	(± 22.5)

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 36

Yes	*	*
No	*	*

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 31

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Are you currently registered to vote?		n = 199
Yes	88.3%	(± 10.3%)
No	11.7	(± 10.3)

Which of the following statements best describes the rules about smoking in your home. . . n = 198

No one is allowed to smoke anywhere inside your home	86.7%	(± 7.3%)
Smoking is allowed at some places or at some times	6.7	(± 4.2)
Smoking is permitted anywhere inside your home	6.6	(± 4.3)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes? n = 201

No current smokers in household	79.3%	(± 10.8%)
1	16.7	(± 9.0)
2	3.6	(± 3.2)
3 or more	0.5	(± 0.9)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home? n = 201

None	89.7%	(± 6.0%)
Less than 30	5.5	(± 3.8)
30 days	4.8	(± 3.4)

If it were just up to you, would you let people smoke inside your home? n = 196

Yes	12.9%	(± 7.2%)
No	87.1	(± 7.2)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . . n = 106

Office	17.7%	(± 13.0%)
Store	2.5	(± 2.9)
Restaurant or Bar	2.1	(± 2.4)
Warehouse or factory	42.8	(± 37.8)
Home/Someone elses home	5.1	(± 5.7)
Outdoors	14.7	(± 11.3)
Car or truck	1.5	(± 2.0)
Classroom	4.8	(± 4.5)
Hospital	5.9	(± 5.8)
Somewhere else	2.9	(± 3.3)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas? n = 108

Yes	8.7%	(± 7.2%)
No	91.3	(± 7.2)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 105

Yes	4.6%	(± 4.5%)
No	95.4	(± 4.5)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 108

Yes	3.3%	(± 3.4%)
No	96.7	(± 3.4)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 108

None	82.1%	(± 13.3%)
Less than one hour	9.3	(± 7.7)
One hour or more	8.5	(± 7.6)

In general, would you say that breathing secondhand smoke is. . . n = 198

Not at all annoying to you	10.7%	(± 6.5%)
A little bit annoying	9.8	(± 5.9)
Somewhat annoying	39.5	(± 28.2)
Very annoying to you	40.0	(± 19.8)

Would you say that breathing secondhand smoke is. . . n = 191

Not at all harmful	0.6%	(± 1.0%)
A little bit harmful	6.5	(± 4.6)
Somewhat harmful	18.2	(± 10.1)
Very harmful	74.7	(± 13.2)

All people should be protected from secondhand smoke. n = 185

Strongly agree	62.8%	(± 19.6%)
Somewhat agree	16.7	(± 9.5)
Somewhat disagree	9.2	(± 5.8)
Strongly disagree	11.3	(± 10.8)

All children should be protected from secondhand smoke. n = 190

Strongly agree	89.0%	(± 6.7%)
Somewhat agree	7.1	(± 4.5)
Somewhat disagree	1.3	(± 1.4)
Strongly disagree	2.6	(± 3.3)

Do you think that smoking should be completely banned in restaurants? n = 198

Yes	69.5%	(± 16.2%)
No	29.1	(± 15.7)
Don't know/Not sure	1.4	(± 1.4)

Do you think that smoking should be completely banned in bars and lounges?		n = 198
Yes	43.3%	(± 26.6%)
No	49.8	(± 23.8)
Don't know/Not sure	6.9	(± 4.5)
Do you think that smoking should be completely banned in outdoor public areas where children may be present?		n = 196
Yes	63.3%	(± 18.0%)
No	31.9	(± 15.9)
Don't know/Not sure	4.9	(± 3.7)
Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 191
Strongly agree	75.0%	(± 13.1%)
Somewhat agree	11.5	(± 7.0)
Somewhat disagree	8.4	(± 5.3)
Strongly disagree	5.1	(± 4.3)
The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 190
Strongly agree	56.0%	(± 22.1%)
Somewhat agree	25.5	(± 14.9)
Somewhat disagree	11.5	(± 6.8)
Strongly disagree	7.1	(± 5.1)
School officials should make sure that all children receive anti-tobacco education.		n = 197
Strongly agree	82.4%	(± 12.0%)
Somewhat agree	13.6	(± 10.8)
Somewhat disagree	1.5	(± 1.6)
Strongly disagree	2.6	(± 3.2)
Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 198
Strongly agree	90.9%	(± 5.9%)
Somewhat agree	5.8	(± 4.0)
Somewhat disagree	2.2	(± 3.0)
Strongly disagree	1.0	(± 1.4)
Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 188
Yes	49.2%	(± 24.4%)
No	50.8	(± 24.4)

Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 126

Yes	22.4%	(± 9.0%)
No	77.6	(± 9.0)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 126

Yes	32.3%	(± 10.4%)
No	49.0	(± 12.9)
Don't know/Not sure	18.6	(± 7.9)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 44

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

There are more negative things than positive things about smoking.

n = 198

Strongly agree	87.8%	(± 10.7%)
Somewhat agree	5.5	(± 4.3)
Somewhat disagree	5.6	(± 9.4)
Strongly disagree	1.1	(± 1.4)

Smoking sometimes makes a person more attractive.

n = 194

Strongly agree	0.3%	(± 0.5%)
Somewhat agree	0.4	(± 0.6)
Somewhat disagree	3.5	(± 2.7)
Strongly disagree	95.8	(± 3.0)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 187

Strongly agree	8.2%	(± 5.6%)
Somewhat agree	2.6	(± 2.3)
Somewhat disagree	11.3	(± 10.6)
Strongly disagree	78.0	(± 13.8)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 197

Yes	15.0%	(± 8.4%)
No	85.0	(± 8.4)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 199	
Yes	7.5%	(± 4.7%)
No	92.5	(± 4.7)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 197	
Yes	39.7%	(± 28.4%)
No	60.3	(± 28.4)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 198	
Yes	33.4%	(± 30.8%)
No	66.6	(± 30.8)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 189	
Strongly agree	25.0%	(± 14.8%)
Somewhat agree	20.6	(± 11.1)
Somewhat disagree	6.9	(± 4.6)
Strongly disagree	47.5	(± 25.7)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 31	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 32	
Yes	*	*
No	*	*